

Forest Creek Pool offers swim lessons each summer. Sessions are 6 lesson sessions, 3 days each week, for 2 consecutive weeks. If we must make up a day due to inclement weather, we will add time to remaining lessons. Class will meet unless there is lightning or thunder at the pool during the lesson time. PLEASE NOTE THE DATES.	Session 1 June 13-23	June 13 (Mon) 15 (Wed) 16 (Thu) 20 (Mon) 22 (Wed) 23 (Thu)
	Session 2 June 27-July 7	June 27 (Mon) 29 (Wed) 30 (Thu) July 5 (Tue) 6 (Wed) 7 (Thu)
	Session 3 July 11-21	July 11 (Mon) 13 (Wed) 14 (Thu) 18 (Mon) 20 (Wed) 21 (Thu)

9:00-9:50 INTERMEDIATE Intermediate students are comfortable in the pool and underwater, and will improve strokes and skills, such as front crawl, rhythmic breathing, backstroke, new kicks (whip, dolphin), treading water, diving, combining strokes, and water safety.	10:00-10:50 BEGINNER Students may work with support (being held) or independently. Skills include front and back glide, kicking, rhythmic breathing, buoyancy, underwater exploration, combined arm and leg action, jumping in shallow and deep water, and basic water safety.
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 Parent/Guardian Name: _____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Email Address _____

Are you a member of Forest Creek Pool? Circle one: No \$70 Yes \$65 member number _____

Membership information is available at <http://www.forestcreekpool.com>

Students Name	Age	Session	Class Level
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Please complete this form and mail it, along with your payment to:
 Laura Whitman-Qi 4917 E 45 St. Tulsa, OK 74135. Make checks payable to Laura Whitman-Qi.
 Text 918-902-2416 for Venmo or Paypal information
 A place cannot be held in any class without full payment.
 Text 918-902-2416 or Email baishengli@yahoo.com with questions or concerns