

Learn to Swim with Us! 2025 schedule

Forest Creek Pool offers swim lessons each summer. Sessions are 6 lesson sessions, 3 days each week, for 2 consecutive weeks. If we must make up a day due to inclement weather, we will add time to remaining lessons. Class will meet unless there is lightning or thunder at the pool during the lesson time. PLEASE NOTE THE DATES.	Session 1 June 9-19	June 9 (Mon) 11(Wed) 12 (Thu) 16 (Mon) 18 (Wed) 19 (Thu)
	Session 2 June 23-July 3	June 23(Mon) 25(Wed) 26(Thu) 30(Mon) July 2(Wed) 3(Thu)
	Session 3 July 7-17	July 7(Mon) 9 (Wed) 10 (Thu) 14(Mon) 16 (Wed) 17 (Thu)

9:00-9:50 INTERMEDIATE Intermediate students are comfortable in the pool and underwater, and will improve strokes and skills, such as front crawl, rhythmic breathing, backstroke, new kicks (whip, dolphin), treading water, diving, combining strokes, and water safety.	10:00-10:50 BEGINNER Students may work with support (being held) or independently. Skills include front and back glide, kicking, rhythmic breathing, buoyancy, underwater exploration, combined arm and leg action, jumping in shallow and deep water, and basic water safety.
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Parent/Guardian Name: _____

Cell Phone _____

Email Address _____

Are you a member of Forest Creek Pool? Circle one:

No **\$75**

Yes **\$70** member number _____ (Membership information is available at <http://www.forestcreekpool.com>)

Students Name	Age	Session	Class Level
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

Make checks payable to Laura Whitman-Qi.

Mail form with payment to: Laura Whitman-Qi 4917 E 45 St. Tulsa, OK 74135.

Text **918-902-2416** for Venmo, Cash app, or Paypal information

A place cannot be held in any class without full payment.

Text 918-902-2416 or Email baishengli@yahoo.com with questions or concerns